

Capital District Senior Issues FORUM

May 2017



FORUM NEWS



Letter from the Chair

Greetings,

The past few months have been active planning meetings for CDSIF. I am excited to share that our website is now live! Please take a few minutes and visit our website at <https://cdisf.com/>. Feedback is always welcome as we develop and enhance our website.

Plans are underway for our annual summer program, "Age-ing to Sage-ing: Cycles of Life and Being an Elder," slated for July 19th at St. Sophia's Greek Orthodox Church. More information is included on page 2 of this newsletter, including three ways to register through the Albany Guardian Society. Thanks very much to the planning committee who have thoughtfully planned, what promises to be, an uplifting and enlightening program.

The 2017 Annual Lifetime Achievement Awards Ceremony date is set for October 18th. Additional information and a nomination form is enclosed on pages 3 - 7 of this newsletter. Nominations can be submitted from our website as well. Deadline to nominate is July 17th.

Wishing you all a wonderful summer!

Sincerely,

Christine Cary
Chair of the Forum



Hoarding Program Update

Last fall, the Albany Guardian Society and its partners, Capital District Senior Issues Forum, Capital District Senior Housing Options Providers and the Foundation for Long Term Care, Inc., presented Patrick Arbore, Ed.D speaking on "Hoarding the Problem with Too Much Stuff" to a capacity crowd of providers, caregivers and community members entitled. The response was overwhelmingly positive. Forum participants recognized that more information, tangible resources and a community response are needed to help families, neighbors and human service agencies address the prevalent hoarding epidemic.

Capital District Senior Issues Forum addressed this issue at a New York State Office for the Aging presentation with Acting Director Greg Olsen. Mr. Olsen was responsive and offered his support to further address the hoarding epidemic.

CDSIF has coordinated the formation of a work group, including representatives from Albany County Departments of Social Services, Aging and Mental Health, and the Town of Colonie, to look at a multi-prong approach: additional training opportunities, resource materials, development of a multi-discipline community task force, and the possibility of additional sustainable long term case management to stabilize individuals with mental and behavioral health issues. For more information, contact Chris Cary at caryc@colonie.org



Community Forum

AGE-ING TO SAGE-ING: CYCLES OF LIFE and BEING AN ELDER

Capital District Senior Issues Forum, in partnership with **Albany Guardian Society**, invites you to attend this important community forum on the opportunities for growth at every stage of life with special emphasis on the opportunity of becoming, or living with, an elder.

Audrey Seidman, Chaplain and Spiritual Director, will present an informative and interactive program based on the work of Rabbi Zalman Schachter-Shalomi outlined in his book, *From Age-ing to Sage-ing: A Revolutionary Approach to Growing Older*. Ms. Seidman will reflect on the expanding cycle of life and the role of the Elder in modern life. Participants will have opportunities to reflect on the cycles of their own lives, as well as the special blessings of the presence of elders in their faith communities. Copies of Rabbi Schachter-Shalomi book will be available at the event for a discounted price of \$5.00. (Cash only, please.)

The morning will also include a panel discussion among elders in the Capital Region about the ways in which they continue to live full, meaningful lives and how they pass on the wisdom they have gained in lives well lived. The panel includes an elder in the business world, an elder who is a community activist, an elder who is mentoring children, and an elder with mobility limitations who found new ways to live a life of service.

Date: July 19, 2017

Time: 8:30 a.m. to 12:00 p.m.
Registration begins at 8:30 a.m.
A continental breakfast will be provided.

Location: St. Sophia Greek Orthodox Church
440 Whitehall Road
Albany, New York

While there is no charge to attend, registration is on a first-come basis and is required by July 12, 2017.

You may register in one of three ways:

1. Email Albany Guardian Society at ags@albanyguardiansociety.org. Please note "July 19th Forum" in the Subject line.
 2. Call Albany Guardian Society's registration phone line at 518-269-3976.
 3. Online at www.albanyguardiansociety.org.
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2017 Senior Lifetime Achievement Awards Ceremony

TO: Friends of the Capital District Senior Issues Forum (CDSIF)

FROM: Deborah Damm O'Brien, Esq., Chair, Capital District Senior Issues Forum Advisory Committee, Executive Director, DePaul Housing Management, Catholic Charities Housing, Catholic Charities Senior Services

What: Capital District Senior Lifetime Achievement Awards Ceremony

When: Wednesday, October 18, 2017 from 9:30 a.m. to 11:30 a.m.

Where: Congregation Beth Emeth, 100 Academy Road, Albany

Lifetime Achievements Ceremony

This ceremony, attended by many religious and political leaders of the Capital District, will recognize seniors for their accomplishments in the following categories: Business, Education, Faith Based Service, Community Service, Military Service and Caregiving. Nominees must be at least 85 years of age by December 31, 2017. Seniors must have lived or worked in Albany, Rensselaer, Saratoga, or Schenectady counties and, at the time of nomination, be able to attend the event. ***The ceremony will recognize the first 40 qualifying seniors; a wait list will be maintained.***

Nomination of Seniors for Recognition

Who may nominate: Individuals (family or friends) or other sponsors (organization, faith community, civic group, housing facility, etc.). One nomination will be accepted from any one nominator. *Only a completed and signed nomination form (including photo) will be accepted.*

Use the attached form: Print or type the information requested. If needed, use an extra sheet of paper (put senior nominee's name on it).

Have the nominee check and approve the completed form before signing it. Late changes will be difficult to make. The information on the nomination form will be used in a commemorative booklet that will be distributed at the ceremony and given to the press and select public officials.

Completed and signed nomination forms and a clear current picture of the nominee for the commemorative booklet may be e-mailed to Heather Lawton at heather.lawton@atriaseniorliving.com (please send photo in jpeg format and nomination form in Word format) or send to: CDSIF, Ceremony Booklet Committee, 6 Winners Circle Colonie, NY 12205.

Deadline: Monday July 17, 2017.

Additional Responsibilities of Nominators:

- Tell your nominee about the award and the time and place of the ceremony.
- Accompany your nominee to the ceremony at Congregation Beth Emeth or arrange for an escort. *See directions below.*

The Ceremony

Tentative Time Schedule for October 18, 2017 Ceremony:

9:30 -- 10:00 a.m. Arrival time. Seating of honorees and guests; light refreshments.

10:00 -- 10:20 a.m. Informal greeting of honorees, presentation of certificates and proclamations, photo opportunities. Families and friends are encouraged to bring their own cameras.

10:20 – 11:30 a.m. Program - Recognition of senior honorees by faith community representatives and other community leaders.

11:30 a.m. Program concludes. Guests start to depart.

Notes about the Ceremony

- Congregation Beth Emeth is wheelchair accessible and has accessible rest rooms.
- Until 10 a.m. volunteers will be available to help honorees enter the building while a driver parks the car.
- To the extent possible, the honoree's spouse and all of the honoree's children attending the ceremony will be seated with the honoree. Seating may be limited to two additional guests and the nominator.
- Please tell honorees that they will **NOT** be asked to speak at the ceremony.

Directions to Congregation Beth Emeth

From 87 North or South, go to exit 23 - get in far right lane for toll booth. Follow signs for 9W North (turn left at the light at the end of the ramp). Go right on Hoffman Ave at the second light (the end of the sports fields will be on your right, traffic from 787 coming from your left). Go to the end of Hoffman and turn left at the light onto Second Ave. Cross Delaware Ave. at the traffic light (Mobil station across the street) and immediately bear to the right onto Ten Eyck Avenue (Ten Eyck is a one-way street. Follow Ten Eyck to the end and turn right onto Marwill Street. Cross Hackett Blvd. at the light (Marwill becomes Academy Road). The temple is on the right just after the next light.

From Madison Avenue in Albany, take New Scotland Avenue west. After Albany Medical Center turn left on Academy Road. Congregation Beth Emeth is on your left.

❖ CAPITAL DISTRICT SENIOR ISSUES FORUM ❖

P. O. Box 367, Glenmont, New York 12077

**Nomination for October 18, 2017
Senior Lifetime Achievement Award
*Filing deadline is July 17, 2017***

PLEASE TYPE OR PRINT CLEARLY

Please select ONE achievement category for this nomination and fully complete application:

**BUSINESS _____ EDUCATION _____ FAITH BASED SERVICE _____
COMMUNITY SERVICE _____ MILITARY SERVICE _____ CAREGIVING _____**

NAME OF NOMINEE _____

ADDRESS _____

PHONE _____ DATE OF BIRTH _____

RELIGION _____ FAITH COMMUNITY _____

NAME OF NOMINATOR _____

NOMINATING ORGANIZATION (IF APPLICABLE) _____

ADDRESS _____

PHONE NUMBER _____ E-MAIL _____

Please indicate the best way to contact nominator _____

EARLY LIFE OF NOMINEE (Include childhood family, hometown, school and church, activities, interests, education, etc.):

SIGNIFICANT FAMILY and FRIENDS:

Tell us why you have nominated this individual based on the category you have chosen. Please include pertinent information regarding the nominee’s career, volunteer activities and hobbies throughout lifetime.

How To Contribute to CDSIF

The Capital District Senior Issues Forum receives no federal or state funds, but relies on the generosity of individuals, organizations, and congregations to carry out its programs. We are grateful to the many individuals and groups who supported our work during 2016, either through a financial contribution or the donation of goods or services. **THANK YOU!**

PATRON (\$1,000 or more)

The Church of St. Vincent de Paul

BENEFACTORS (\$500 or more)

The Rt. Rev. William H. Love, Bishop, and the Episcopal Diocese of Albany

SPONSORS (\$200 - \$499)

Albany Guardian Society* Catholic Charities of the Diocese of Albany*
Christ the King Church Colonie Senior Service Centers, Inc.
Congregation Beth Emeth* DePaul Housing Management
Ann Gifford The Sisters of St. Joseph of Carondelet
Dona and Dave Smingler Lois Wilson

SUPPORTERS (\$100 - \$199)

Linda Austin Bethlehem Senior Projects, Inc.
Henry and Patricia Binzer David and Eileen Bosworth Sen. Neil D. Breslin
Brookdale Colonie* Christine Cary
Catholic Charities Seniors and Caregiver Support Services
Hon. John Clarkson Ann DiSarro Francine Frank
Jill Goodman and Arthur Malkin Marcus Harazin
Anne and Richard Iannello Immaculate Heart of Mary Parish
Hon. Kathleen M. Jimino Karen M. Jones Kingsway Community
Heather Lawton Hon. John T. McDonald, III Audrey O'Hare
Rensselaer Senior Center Gretchen A. Rubenstein
Nancy and Charles Scholes Hon. Kathy M. Sheehan
Deborah Hanish-Schreyer Twitty J. Styles
Westminster Presbyterian Church

FRIENDS (\$1 - \$99)

Albany Diocesan Cemeteries-Pastoral Care Ministry
Jean Barnoski, Charlotte Fuss, William Hinrichs, Kitt Jackson, Pat Lightbody,
John and Mary Linton, Mary Sherman, Connie Tilroe, Betty Williams

***Includes In Kind Services**

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Please show your support for the Capital District Senior Issues Forum by sending your tax deductible contribution now. Please mail your check, **made payable to Catholic Charities** with **CDSIF on the memo line** to:

Capital District Senior Issues Forum, PO Box 367, Glenmont, NY 12077.

NAME OF DONOR _____ DONATION: \$ _____

ORGANIZATION (if applicable) _____

ADDRESS: _____

EMAIL ADDRESS: _____

If you have any questions, call Treasurer Kitt Jackson at (518) 439-9771.

A Look Inside This Issue:

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- ✓ CDSIF Coordinates Multi-Prong Work Group on Hoarding Epidemic
- ✓ Flyer on How to Register for July 19 Age-ing to Sage-ing Community Forum
- ✓ 2017 Senior Lifetime Achievement Award NOMINATION FORM
(Email Deadline: July 17, 2017)
- ✓ How to Donate to Help CDSIF carry out its mission

ALBANY GUARDIAN SOCIETY INSTITUTE

The Institute's Summer 2017 Catalog is on-line at www.albanyguardiansociety.org, offering programs in these areas: Caregiving, Consumer Interest, Legal, Professional Development & Technology. No cost to attend, but on-line registration required.

NOTICE:

Next Newsletter Deadline

Articles of up to 250 words may be submitted for the next newsletter by, September 5, 2017.

Email cdseniorissuesforum@gmail.com; use "CDSIF News Article" in the subject line

Capital District Senior Issues Forum
PO Box 367
Glenmont, New York 12077